

Annex A

Title	Synopsis	Format
<p>“No Sweat”</p> 	<p>A show that aims to get the man-on-the-street interested in fitness and healthy living, “No Sweat” will show how fun fitness can be to inspire Singaporeans to lead healthier lifestyles.</p> <p>The episodes will explore tips like how to make your fast food healthier, how to incorporate workouts into your daily household chores, interesting health food restaurants, popular wellness trends, and a peek into the most luxurious gyms in Singapore.</p>	<p>10 episodes x 8-13 minutes</p> <p>Bi-weekly telecast from 13 Aug 2018 to 17 Dec 2018</p>
<p>“Daddy Diaries”</p> 	<p>Daddy Diaries will explore the triumphs and tribulations of being a young parent in Singapore in a humorous way. The episodes will feature Kiss 92FM radio deejay Shan Wee, a proud father of two young boys aged 4 and 6.</p> <p>Besides featuring fun and unusual activities for parents to enjoy with their kids in Singapore, there will also be “unboxing” reviews of new toys and fun food reviews.</p>	<p>10 episodes X 8-13 minutes</p> <p>Bi-weekly telecast from 24 Aug 2018 to 28 Dec 2018</p>
<p>“Girl Band called Girl Band”</p>	<p>An episodic comedy series, “Girl Band called Girl Band” follows the story of four women in their 30s from different backgrounds and clashing personalities who end up in a nationwide talent show contest together.</p> <p>The four women soon find themselves out of place in a contest with girls at least a decade younger</p>	<p>10 episodes X 8-13 minutes</p> <p>Weekly telecast from 8 Apr 2019 to 10 Jun 2019</p>

	<p>than them. They also experience bullying, failure and stressful situations that put their friendships to the test, eventually discovering the importance of friendship, loyalty, family and believing in your dreams.</p> <p>The series explores the deeper themes of female empowerment, dealing with your insecurities and learning to accept yourself for who you are instead of what society expects through light-hearted moments and music.</p>	
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