

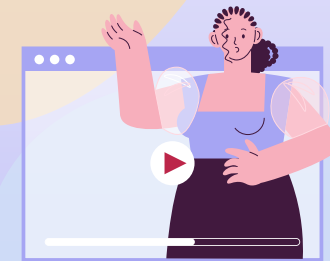
Supporting Employee Wellbeing with Guidance from Anonymised Data Analytics

Mobile app with comprehensive services normalises importance of mental wellbeing

**Self-guided
mental health content**



**Group learning
& development**



**Private one-on-one
counseling via video
or chat**

**Mental health
training/counseling**



**Proven to reduce
depression by 30% and
improve wellbeing by 80%**

**Safeguards Productivity
& wellbeing of employees**

Flexible, Customised Programmes
No one-size-fits-all programme.
Takes into account community & culture

Fosters Positive Results
Through our Care Provider network,
care experience and our regional partnerships

