

STAY SAFE WHEN USING GEN AI



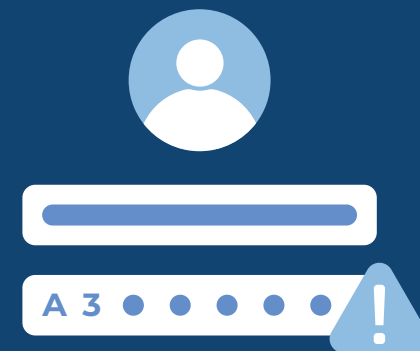
Gen AI (Generative Artificial Intelligence) tools bring convenience to our lives as they can boost productivity and simplify complex tasks. However, they introduce new risks to personal privacy, information accuracy, and digital wellness. Here are 3 tips for safe Gen AI usage:

1 Safeguard Your Information

Information shared with Gen AI tools may be assessed by the platform provider or used to train AI models.

a. Control what you share

- Avoid revealing personal and financial information (e.g. passwords, bank details)



b. Choose Gen AI tools carefully

- Use tools with clear terms of service
- Be wary of unsolicited links, unknown mobile apps or browser extensions



2 Verify Content before Using or Sharing

Gen AI tools can generate false content known as 'hallucinations'.

a. Cross check content with official and trusted sources

- Verify content with legitimate sources such as Government websites
- Treat content as a starting point and not the final word



b. Pause before using or sharing

- Ask whether the information makes sense and can be confirmed before making a decision
- If the content appears harmful, report it to the respective authority



3 Maintain Healthy Boundaries

Gen AI is not a friend, and its 'empathy' is a product of pattern recognition.

a. Use AI as a tool, not to replace real-world relationships

- Parents and caregivers should guide young users that such tools should not replace genuine human interactions



b. Use AI to augment, not replace your thinking

- Be discerning about tasks delegated to AI. Over-reliance on AI tools can pose a risk to personal skills development, such as critical thinking



As AI continues to evolve, stay informed and adaptable in your approach when interacting with AI.